

Spring/Summer Menu April 2025 – September 2025 for Children Aged 18 months to 5 years.

<u>Week 1</u>	<u>Breakfast</u> <u>Drinks: Water only</u>	<u>Snack (AM)</u> <u>Drinks: Water or Milk</u>	<u>Lunch</u> <u>Drinks: Water only</u>	<u>Vegetarian</u> <u>Drinks: Water only</u>	<u>Snack (PM)</u> <u>Drinks: Water or Milk</u>	<u>Tea</u> <u>Drinks: Water only</u>
<u>Monday</u> <u>Vege day</u>	A selection of cereals	Breadsticks	Red Lentil & Mixed Vegetable Spaghetti Bolognese served with Garlic Bread Melon and Pineapple Slices	Red Lentil & Mixed Vegetable Spaghetti Bolognese served with Garlic Bread Melon and Pineapple Slices	Cheese Slices and Cherry Tomatoes	Cheese and Sweetcorn Muffins served with Carrot Sticks and Humus Yogurt pots
<u>Tuesday</u>	A selection of cereals	Orange Segments	Homemade Potato Topped Fish Pie with Peas and Sweetcorn Sunshine Peach Muffins	Homemade Potato Topped Pulses and Tomato Pie with Peas and Sweetcorn. Sunshine Peach Muffins	Cucumber Sticks with a Yogurt & Mint Dip.	Ham, Egg and Chicken Wraps with Cheese Slices and Cherry Tomatoes Summer Berry Medley
<u>Wednesday</u> <u>Vege day</u>	A selection of cereals and Toast	Pear and Apple Slices	Sweet Potato, Chickpea and Thai Coconut Curry with Wholemeal Rice Greek Yogurt & Mixed Berry Compote	Sweet Potato, Chickpea and Thai Coconut Curry with Wholemeal Rice Greek Yogurt & Mixed Berry Compote	Cracker Biscuits and Spread	Homemade Rainbow Pizza, served with Homemade Coleslaw and Cucumber Sticks Watermelon Fingers
<u>Thursday</u>	A selection of cereals	Oatcakes and Cream Cheese	Homemade Turkey Meatballs with Jewelled Cous Cous Banana	Plant based Meatballs with Jewelled Cous Cous Banana	Carrot Sticks	Sausage/Veg Rolls served with Cherry Tomatoes and Boiled New Potatoes Homemade Custard Biscuits
<u>Friday</u>	A selection of cereals and fruit	Pitta Fingers and Mashed Avocado	Roast Chicken, Mashed Potato, Mixed seasonal Vegetables and Gravy. Frozen Raspberry Yoghurt Ice Lollies	Puy Lentil Roast, Mashed Potato, Mixed seasonal Vegetables and Gravy. Frozen Raspberry Yoghurt Ice Lollies	Brioche Fingers	Homemade Tomato and Vegetable Orzo Pasta Banana and Orange segments

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<u>Week 2</u>	<u>Breakfast</u> <u>Drinks: Water only</u>	<u>Snack (AM)</u> <u>Drinks: Water or Milk</u>	<u>Lunch</u> <u>Drinks: Water only</u>	<u>Vegetarian</u> <u>Drinks: Water only</u>	<u>Snack (PM)</u> <u>Drinks: Water or Milk</u>	<u>Tea</u> <u>Drinks: Water only</u>
<u>Monday</u>	A selection of cereals	Cracker Bread and Spread	Fish Fingers, Mashed Potatoes served with either Peas or Beans. Yoghurt Pots	Vegetable Fingers, Mashed Potatoes served with either Peas or Beans. Yoghurt Pots	Watermelon Fingers	Egg and mixed vegetable Frittata. Kiwi and Plum Segments
<u>Tuesday</u>	A selection of cereals and Toasted Crumpets	Melon Fingers	Homemade Beef Lasagne with Garlic Bread and Peas Mixed Stewed Fruit & Ice cream	Mushroom and Spinach Lasagne with Garlic Bread and Peas Mixed Stewed Fruit & Ice cream	Breadsticks	Baked Beans on Toast Greek Yogurt and Banana
<u>Wednesday</u> <u>Vege day</u>	A selection of cereals and Fruit	Cheese Biscuits	Homemade Mushroom and Mixed Vegetable Risotto Blueberry Pancake Bites	Homemade Mushroom and Mixed Vegetable Risotto Blueberry Pancake Bites	Stewed Apple Slices	Savoury Flapjacks served with Cucumber Sticks and Humous Mango and Melon Medley
<u>Thursday</u> <u>Vege day</u>	A selection of cereals	Digestive Biscuits	Bean, Tomato and Sweet Potato, Mixed Vegetable Casserole Seasonal Mixed Fruit Salad	Bean, Tomato and Sweet Potato, Mixed Vegetable Casserole Seasonal Mixed Fruit Salad	Cucumber Sticks	Homemade Cheese Straws served with Boiled New Potatoes and Carrot Sticks. Homemade Fruit Ice Lollies
<u>Friday</u>	A selection of cereals	Crackers with Cheese Slices	Homemade Lamb and Mint Pastry Topped Pie with Mashed Potato and Seasonal Vegetables Homemade Rice Pudding with Berry Compote	Vegetable and Mint Pastry Topped Pie with Mashed Potato and Seasonal Vegetables Homemade Rice Pudding with Berry Compote	Orange Segments	Ham and Mozzarella Muffins with Pepper Sticks and Cherry Tomatoes Mixed Fruit pieces

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<u>Week 3</u>	<u>Breakfast</u> <u>Drinks: Water only</u>	<u>Snack (AM)</u> <u>Drinks: Water or Milk</u>	<u>Lunch</u> <u>Drinks: Water only</u>	<u>Vegetarian</u> <u>Drinks: Water only</u>	<u>Snack (PM)</u> <u>Drinks: Water or Milk</u>	<u>Tea</u> <u>Drinks: Water only</u>
<u>Monday</u>	A selection of cereals and Toast	Cracker Bread and Cream Cheese	Tuna and Vegetable Pasta Bake Fresh Fruit Salad	Mixed Vegetable, Basil and Tomato Pasta Bake. Fresh Fruit Salad	Pepper and Cucumber Sticks	Jacket Potatoes with Cheese and Beans Banana Slices
<u>Tuesday</u> <u>Vege day</u>	A selection of cereals	Banana Pieces	Mixed Vegetable Moroccan Tagine served with cous cous Greek Yoghurt and Honey	Mixed Vegetable Moroccan Tagine served with cous cous Greek Yoghurt and Honey	Cheese Biscuit	Mixed Bean Enchiladas Melon Medley
<u>Wednesday</u>	A selection of cereals	Pepper and Carrot Sticks	Homemade Roast Chicken, Roast Potatoes, served with Yorkshire puddings and Fresh Seasonal Vegetables Pear & Blueberries	Plant based roast, Roast Potatoes, Yorkshire Pudding and Fresh Seasonal Vegetables Pear & Blueberries	Fruit Loaf Slices	Homemade Ham, cheese and mixed Vegetable Pizza served with Carrot and Cucumber Sticks Yoghurt Pots
<u>Thursday</u>	A selection of cereals and Toast	Pitta Fingers & Tzatziki	Homemade Turkey and Vegetable Curry on Wholemeal Rice Homemade Banana Loaf	Vegetable and Lentil Curry on Wholemeal Rice Homemade Banana Loaf	Mango Slices	Egg, Tuna & Cheese Rolls served with Cherry Tomatoes and Pepper Sticks Apple & Pear Slices
<u>Friday</u> <u>Vege Day</u>	A selection of cereals	Cheese Slices and Pineapple	Homemade Cauliflower and Broccoli mac 'n' cheese with mixed vegetable Mixed Fruit Pieces	Homemade Cauliflower and Broccoli mac 'n' cheese with mixed vegetable. Mixed Fruit Pieces	Oat Cakes and Spread	Cheese, Tomato and Courgette Puff Pinwheels served with Carrot sticks Vanilla Shortbread Biscuit